



FLOURISH · CREATION

YEAR 6

Speak clearly and kindly

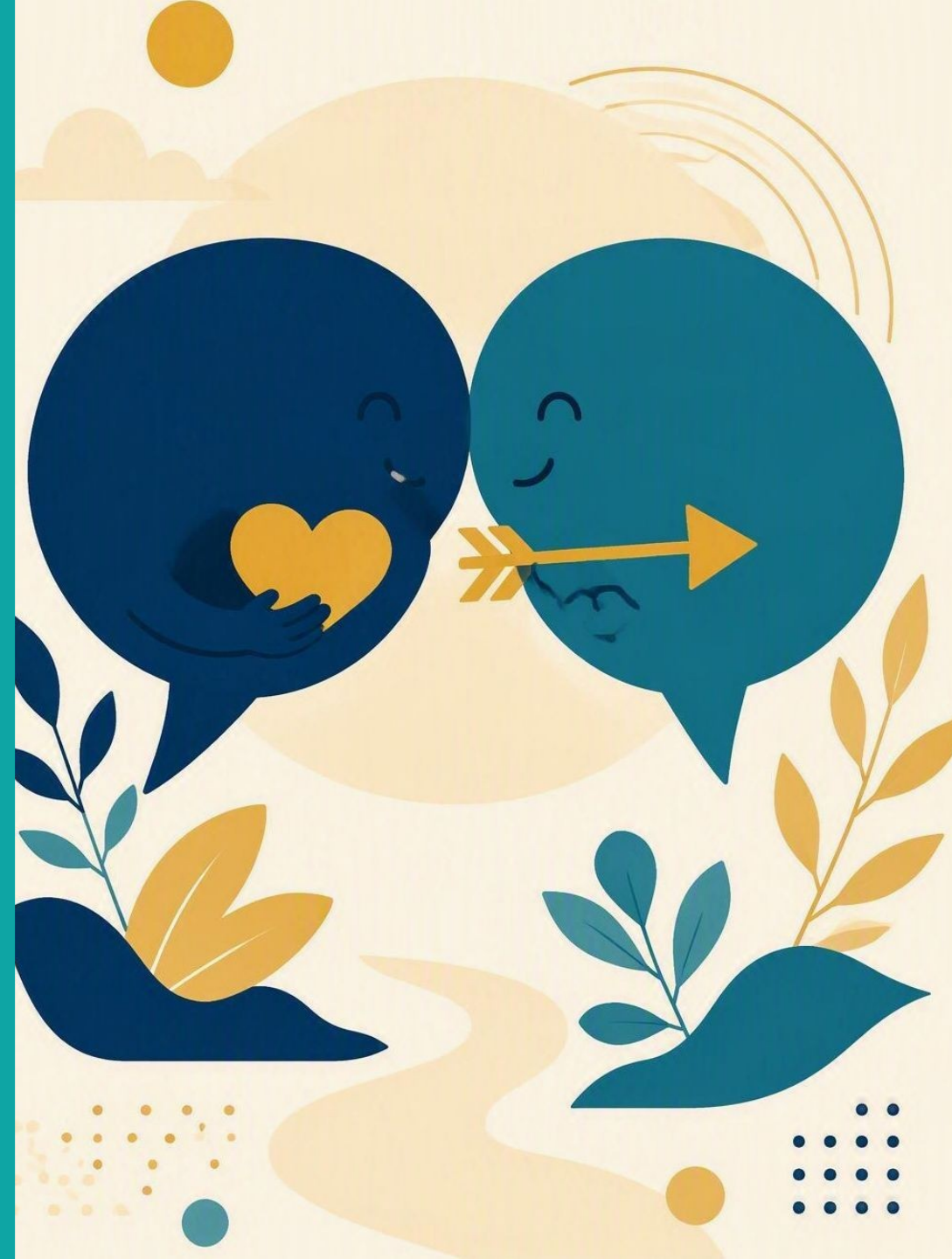
Saying what happened and what you need,
without blaming the person.

#friendship

#digitallife

#courage

#respect





Which message is easier to hear without wanting to argue back?

You can always pass, write your answer privately, or use a made-up example.



Ephesians 4:29

“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.”

Ephesians 4:29, New International Version (NIV)

CHRISTIAN CONNECTION

Paul asks us to weigh words by whether they build a person up. An I-statement does that: it names the fact and the feeling honestly, without handing out a verdict about the other person.



CONNECT



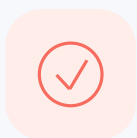
EXPLORE



PRACTISE



REFLECT



Where does each line belong: the fact, the feeling or the ask?

Place all six lines into FACT, FEELING or ASK.

Draw an arrow from each blaming line to a kinder rewrite.

1 Please ask first

2 It was 8pm

3 I felt embarrassed

4 Could you take the photo down please

5 A photo of me was posted

6 It upset me

More than one placement can work — be ready to explain your evidence.

 CONNECT

 EXPLORE

 **PRACTISE**

 REFLECT



“One thing I could say without blame is ...”

Write this one privately — you don't have to share it.

TAKEAWAY

Name the fact and the feeling; do not hand out a verdict.



CONNECT



EXPLORE



PRACTISE



REFLECT