



FLOURISH · RESTORATION

YEAR 6

One more step

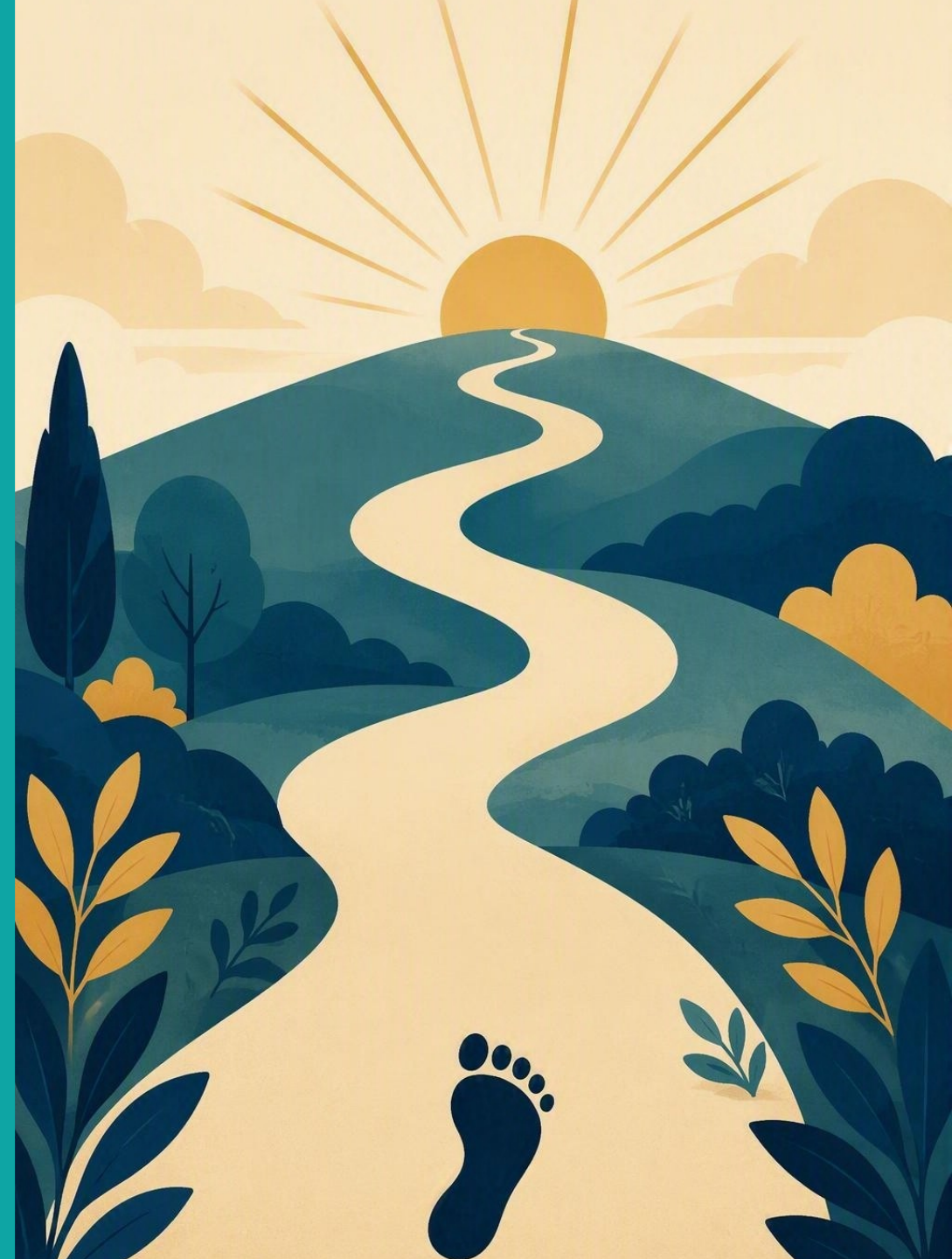
Choosing the smallest useful next action when a task feels far too big.

#resilience

#regulation

#courage

#hope





A task feels far too big to start. What is the smallest useful thing you could do about it in the next five minutes?

You can always pass, write your answer privately, or use a made-up example.



Romans 12:5

“So in Christ we, though many, form one body, and each member belongs to all the others.”

Romans 12:5, New International Version (NIV)

CHRISTIAN CONNECTION

Belonging is given by being part of one body, not bought by performing a false self. A group that truly welcomes you can still ask you to stop doing harm – correction that keeps your dignity is part of belonging.



CONNECT



EXPLORE



PRACTISE



REFLECT



Belonging or fitting in?

Label each clue B for belonging or F for fitting in.

1 You are welcomed in, and asked to keep the same shared rules as everyone else.

3 A group says you can sit with them only if you drop another friend.

5 A friend asks a curious question about your robotics club.

Then write a boundary line Zoe could use, and one alternative belonging move.

2 You hide that you love choir so the group will not laugh.

4 A group laughs at what you enjoy and says stop being so serious.

6 Someone corrects a hurtful joke without humiliating you.

Ask of each clue: does it change what you do, or ask you to hide who you are?



CONNECT



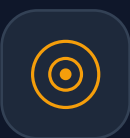
EXPLORE



PRACTISE



REFLECT



“Belonging lets a person ...fitting in pressures a person to ...”

Write this one privately — you don't have to share it.

TAKEAWAY

Belonging is received and welcomed, not bought by pretending.

 CONNECT

 EXPLORE

 PRACTISE

 REFLECT