



FLOURISH · FALL

YEAR 6

Name the feeling

Swap broad words like fine or mad for precise emotion words.

#emotions

#courage

#hope

#precision





Which version gives the best clue about what might help?

You can always pass, write your answer privately, or use a made-up example.



Psalm 42:5

“Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Saviour and my God.”

Psalm 42:5, New International Version (NIV)

CHRISTIAN CONNECTION

Scripture never asks us to answer “fine”. The psalmist names what he feels honestly, and still holds on to hope.



CONNECT



EXPLORE



PRACTISE



REFLECT



Which sentences give a useful clue about what would help?

In groups, read all six cards and sort them.

For each card you set aside, write a more precise version.

1 I felt disappointed because I expected the game to go well.

2 I was just mad.

3 I felt left out when my rule was ignored.

4 Nobody will ever listen to me.

5 I felt irritated, and I need a minute before I talk about it.

6 I felt embarrassed when others talked over my idea.

Several emotion words can fit – aim for reasoned precision, not mind-reading.

 CONNECT

 EXPLORE

 **PRACTISE**

 REFLECT



“A more precise word than fine is ...and that word gives the clue ...”

Write this one privately — you don't have to share it.

TAKEAWAY

A precise word is not the whole story, but it is an honest place to start.



CONNECT



EXPLORE



PRACTISE



REFLECT