



FLOURISH · RESTORATION

YEAR 6

My support team

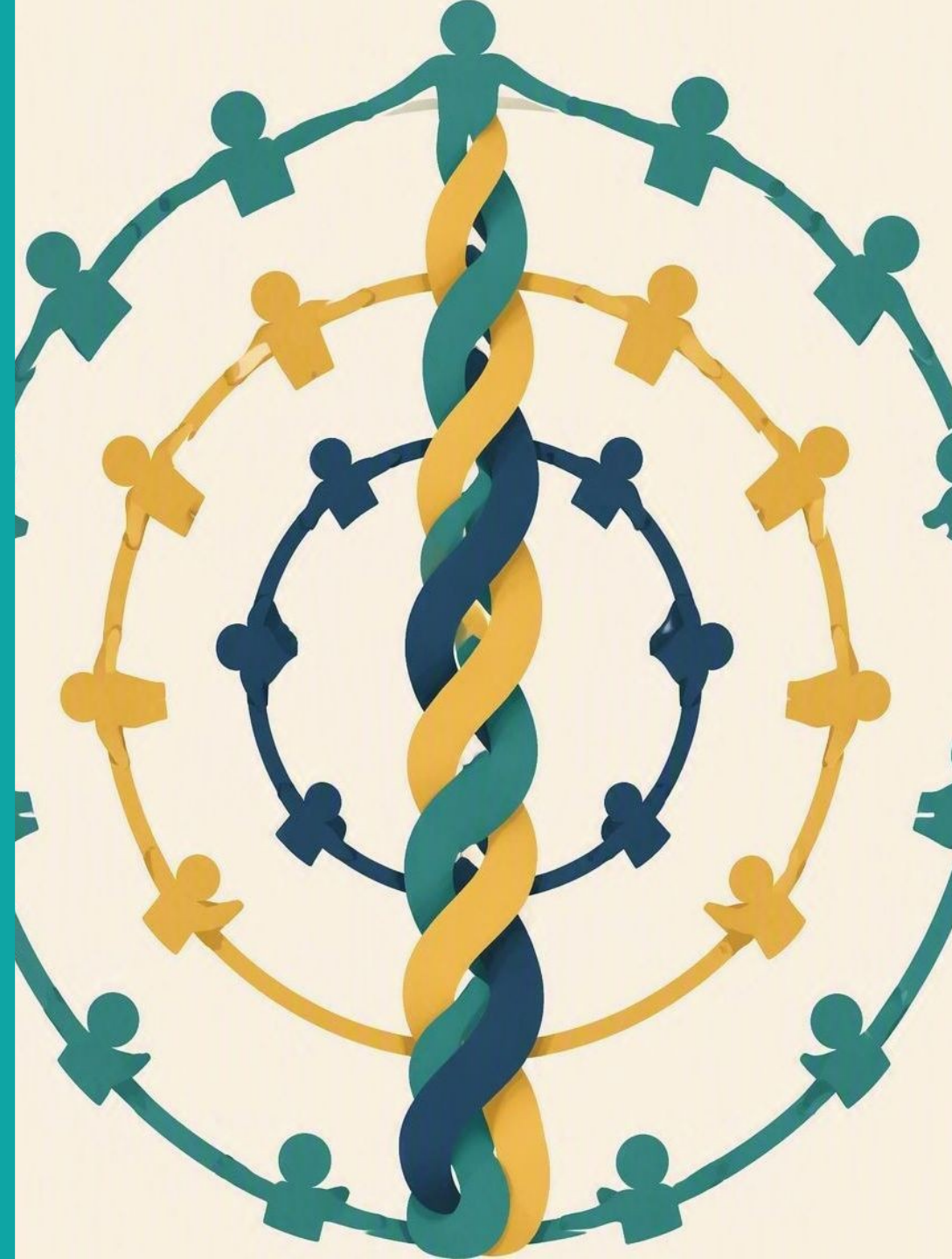
Mapping the trusted adults and peers who can help you.

#helpseeking

#lifeskills

#compassion

#safety





Who would you go to first – and who is your back-up?

You can always pass, write your answer privately, or use a made-up example.



Ecclesiastes 4:9–10

“Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.”

Ecclesiastes 4:9–10, New International Version (NIV)

CHRISTIAN CONNECTION

God often gives help through other people, so needing others is not failure. A friend can notice and stay with you, while adults carry the responsibility to protect and act.



CONNECT



EXPLORE



PRACTISE



REFLECT



What should Pat say, and who should they go to?

Place the available roles into first contact, back-up and urgent rings.

1 "Just tell me everything – I can sort this out myself."

3 "I can't promise to keep this secret, but I will stay with you."

5 "I'm glad you told me – that took courage."

Sort the six cards: which would help Pat, and which need editing?

2 "If they're busy, we can go to the wellbeing office after lunch."

4 "I promise I won't tell a single person, ever."

6 "I'll walk with you to the teacher on duty now."

Use the fictional story only. Ask of each card: could you actually keep that promise?

 CONNECT

 EXPLORE

 **PRACTISE**

 REFLECT



“If my first person is unavailable, I can ...”

Write this one privately — you don't have to share it.

TAKEAWAY

A strong support team always has more than one route.



CONNECT



EXPLORE



PRACTISE



REFLECT